

Little Crusaders Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast- Eggs, Toast & Banana	Breakfast- Honey Nut Cheerios	Breakfast- Pancakes & Blueberries	Breakfast- Nutri-grain bar & Banana	Breakfast- Waffles & Strawberries
Lunch- Mac & Cheese, French fries & fruit	Lunch- Ham & cheese sandwich, fruit & Gluten free chips	Lunch- Chicken nuggets, Fruit & Gluten free chips	Lunch- Peanut butter & Jelly sandwich, fruit & Gluten free Chips	Lunch- Pizza, fruit & Gluten free chips
Afternoon Snack- Cheese Crackers	Afternoon Snack- Butter ring cookies	Afternoon Snack- Ritz Crackers	Afternoon Snack- Crème filled cookies	Afternoon Snack- Animal Crackers

This menu is provided weekly with no extra charge. Parents are permitted to send in bag lunches if desired. Little Crusaders can microwave and refrigerate lunches. Students are served mildly-diluted, apple juice for; breakfast, lunch and Snack. Water is offered after 2pm. Parents are permitted to send in other liquid alternatives if desired.

PLEASE NOTE: *If your child is brought in after 10:30am, "roll call" you will be required to provide their lunch for that day.*

