

## Handling Our Troubles

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Job. 14:1 says, "*Man that is born of a woman is of few days and full of trouble.*" Troubles are a part of daily living. They are not so bad if we know to expect them and deal with them in the proper manner.

### I. They Are Promised.

Nowhere does the Bible hint that God's people will be without troubles. We should not be surprised when they come for they are promised in the Word of God. Look at our text verse and notice "few days" and "full of trouble." Jesus said, "*In this world ye shall have tribulation*" (Jn. 16:33). Why should we be surprised and depressed when troubles come? Our Lord warned us. Troubles can come suddenly and without warning, Our Lord was not exempt from troubles, why should we expect to be problem free?

### II. There Are Plenty.

Job in the text spoke of being "full" of trouble. Job was a righteous man, but that certainly did not exempt him from the trials of life. Sometimes we think when sickness or troubles come the Lord does not love us as much as the ones who are not having as many as we may be experiencing. Some of the most godly people I have known in life seem to have undergone a great degree of difficulty and adversity. Don't question God's love if you find your life "full" of troubles.

### III. They Are To Perfect Us.

Maturity comes through some hard knocks in life. Think of the experiences in the book of Genesis Joseph had to undergo to finally become a man of great authority in Egypt. Joseph was sold into slavery by his brother, falsely accused by Potiphar's wife of sexual advances, and finally put into prison. Job said, "*When he hath tried me, I shall come forth as gold*" (Job.23:10). Gold is purified with intense heat.

### IV. They Are Provided For By the Lord.

God did not remove Paul's troubles, but he did provide grace sufficient while he walked through the valley (2 Cor. 12:9). Ps 34:17 says, "*The righteous cry, and the LORD heareth, and delivereth them out of all their troubles.*" Sometimes the Lord delivers by taking our troubles away. But at other times, He delivers while the trouble are still present. He is a "Present Help" in the time of trouble(Ps. 46:1).