

The Satisfying Life

Text: Matt. 11:28-30

Introduction: This is an age of generally dissatisfied people. It is an age of unrest! Christ gives us the way to a satisfying life in these verses.

I. An Invitation (v. 28)

The Lord of Glory invites people, "Come unto me." It is amazing that He could want anything to do with us, but it is evident that he does.

A. What? "Come unto me." We are not invited to religion but to a person. Christianity is founded, grounded and expanded in the Person of the Lord Jesus Christ.

B. Who? "Unto me"- If you compare Jn. 1:12 you will discover that Jesus is the way and the door to salvation. If you go to God you must go through Him.

C. Why? "Labor and are heavy laden." Though we do not get tired "of" life and its demands, we do get tired "in" life. There is a place of relief and rest at the feet of the Lord Jesus.

II. A Declaration (v. 28b) "I will give you rest."

A. There is Emotional Rest- We have so many emotions with which we have to deal each day. We do not have to deal with them alone. We are promised help in the words, "I will give you rest."

B. There is Physical Rest- God can provide for us to get our physical rest. The Bible says, "He giveth his beloved sleep" (Ps. 127:2).

C. There is Spiritual Rest- Faith is an important factor in this (c. Heb. 11).

III. An Expectation (v. 29)

This has to do with Christ's yoke. Christ says, "Ye shall find rest..."

A. Take- "Take my yoke upon you" speaks of human responsibility and willingness to embrace the Lord and His plan for our lives. The yoke points to service for Christ.

B. Learn- Jesus said, "Learn of me." The more we learn about Christ the more willing we will be to give our lives to Him. The more you learn of him the deeper your love and affection grows for Him.

IV. An Inspiration (v. 30)

A. Yoke is Easy- A yoke speaks of work and labor. God expects us to work for him (Matt. 28:18-20). It is a matter of gratitude for what He has done for us. How ridiculous to hear people say how hard it is to serve the Lord! The Bible says, "The way of the transgressor is hard" (Prov. 13:15).

B. Burden is Light

There are burdens that come our way as we serve the Lord, but what a blessing to know the Lord can make every burden we face lighter. Christ is the Burden Bearer for His people.

Conclusion:

You can be satisfied when you are connected to and looking to the Lord Jesus to be what He is and do what He said He would do.